

INFORMATION AND FAQ

Sing Like a Star Studios offers <u>Voice Lessons</u> for all ages and experience levels from professional singers to beginners, <u>Songwriting</u>, <u>Piano and Guitar</u>, <u>Lessons for Children</u>, <u>Studio Recording</u>, and <u>Performance Opportunities</u>. We offer a <u>Lessons for Less</u> program with our highly qualified and trained Sing Like a Star Associate Teachers and a very unique <u>Little Stars</u> program for younger singers ages 3-8. You can take lessons from anywhere in the world with our <u>Online Lessons</u>.

The first step to getting started with any of our classes is to register for a no-obligation <u>GETTING TO KNOW YOU</u> introductory session with the teacher of your choice. Students who are highly motivated or are interested in becoming professional singers should invest in lessons with studio owner and Master Teacher <u>Tricia Grey, MM</u>. Students with financial constraints or who are exploring singing for fun will enjoy lessons with our <u>SLaS Associate</u> <u>Teachers</u>.

QUESTIONS? Please email our Sing Like a Star support team at support@singlikeastar.com; call our support team at 404-790-1830 Monday-Friday, 10-6 pm EST.

Sing Like A Star Studios is the premier source for voice and songwriting instruction in Atlanta-and throughout the world with online singing lessons- where you will:

- Sing higher and stronger with NO vocal strain!
- Eliminate voice breaks!
- Sing well in the style of music YOU like-R & B, gospel, musical theatre, rock, pop, country, Contemporary Christian, jazz!
- Sing riffs, runs, and licks- with style!
- · Record in the studio!
- Write your own songs!
- Develop your performing skills and artistry by performing in professional showcases!
- Sing with the vocal technique used by today's top recording artists and Broadway stars!
- Develop the power, consistency, range, flexibility, and natural sound most sought after by the music industry's most successful producers!

Founded by renowned vocal coach Tricia Grey, MM, SLaS provides unparalleled training to aspiring and professional singers of every musical genre. Sing Like A Star brings world-class vocal instruction to the greater Atlanta area with in-person lessons at our two conveniently located studios (SLaS East Cobb in Marietta 30068 and SLaS Alpharetta 30004-30009), and even more convenient vocal training from anywhere in the world with online voice lessons that are recorded (video and audio) and emailed to you so you can practice! You can have the world's best vocal training delivered right to your home, car, office, or hotel!

SLaS inspires, empowers, and educates a wide-ranging clientele from every musical category. Rock, pop, country, jazz, R & B, gospel, contemporary Christian, and musical theatre singers develop the vocal skills at Sing Like A Star Studios that allow them to shine in their chosen musical style.

This is world-class training for contemporary and popular styles of singing, based on science. We develop and coordinate the muscles that *should* be used in singing, known as intrinsic muscles, and we teach you to *stop* engaging the muscles that get in your way, which are known as extrinsic interfering muscles. We build brand new neuromuscular responses that, with practice, become life-long good habits. Over time your voice begins to function effortlessly; songs, riffs, and runs that used to be hard for you to sing become amazingly easier with this process.

We work with all ability and experience levels from beginning to advanced singers. We specialize in keeping the professional singer's voice healthy and strong, without changing their unique sound and style!

Sing Like A Star singers deliver effortless power, amazing vocal control, great high notes, authentic vocal styling, and incredible consistency- no wonder Sing Like A Star trained singers are at the forefront of today's music industry. Sing Like A Star vocal lessons will help you to sing stronger, sing higher, and sing with total confidence- in any vocal style!

But singing lessons are not just for aspiring professionals; anyone who loves to sing should consider vocal training at Sing Like a Star Studios.

"At Sing Like a Star Studios we can teach anyone to sing- if they are willing to practice" says studio owner Tricia Grey, MM. "Many people think that singing ability is something you either have or you don't- but nothing could be further from the truth. I have worked with several students through the years who did not begin with a great natural vocal ability-but had tremendous drive, discipline, and work ethic-who now have professional careers!"

We even have a special program for very young singers (ages 3+)

Our Lessons for Children and Little Stars programs (for ages 3-8) are headed by Associate Teacher Elaine Drennon Little, MFA, MEd, who is a 28-year veteran of elementary, middle school, and high school public school music teaching. Our younger singers get a very basic exposure to the SLaS vocal technique while playing rhythm instruments, moving, dancing, clapping, singing, playing the piano, and generally having fun! Elaine has a real love for bringing music to younger singers. Our lessons for children program combines the best of proven educational principles with SLaS vocal and musical development.

Whether you are a young singer, a professional, or just have a bucket list, Sing Like A Star vocal training will make your dreams come true!

In addition to world-class singing lessons and vocal instruction we offer **performance opportunities** in a beautiful state-of-the-art professional theater. Our <u>Sing Like a Star Singers' Showcases</u> enable students to combine their new vocal technique with performance skills and they are great fun too!

At Sing Like A Star Studios you have many options to learn the world's most valuable vocal technique:

- **1.** In-person lessons: You can take lessons in-person at either of our two convenient studio locations
- **2** Online lessons: For busy and over-booked people, this option is so convenient! You can take one-on-one online voice lessons through your computer, smartphone, or i-pod touch. This approach is very effective- almost like being there in person, especially with the platform we use, Webex. This is a great stress and time saver! Technology now makes it possible to have a voice lesson from anywhere in the world! Even our busy local students often use the internet distance training option, combined with in-person lessons whenever they can't get to the studio. A video/audio recording of your lesson is sent to you after the lesson. With today's technology, it's almost like being there in person!
- **3 Speakerphone:** You can even take lessons through a speakerphone!
- **4. Lessons for Less:** If you can't afford lessons with Master Teacher Tricia Grey, MM, you can learn the same great vocal technique by studying with one of our highly qualified, trained, and educated **Sing Like a Star Associate Teachers.** Our Associate Teachers have college degrees, many years' experience teaching, years of professional performing as singers, and they have been trained personally by Tricia Grey to teach the Sing Like a Star vocal method. They pass rigorous testing in order to become and remain certified to teach at Sing Like a Star Studios.

In addition to world-class vocal training we offer piano, guitar, and songwriting instruction as well as artist development, studio recording, performance coaching, audition coaching, and pageant coaching!

QUICK ANSWERS TO THE MOST FREQUENTLY ASKED QUESTIONS

1. How can I contact the SLaS support staff? support@singlikeastar.com 404-790-1830

2. How do I register?

To GET STARTED:

First, you will need to do a little reading on the website. You need to know your preferences regarding location and the teacher you feel is best suited for you. Our support staff can help guide you. If you still need help after reading through the website, please email our Sing Like a Star support team at support@singlikeastar.com or call our support team at 404-790-1830.

- 1. Decide which location is best for you: <u>East Cobb, Alpharetta, or Online</u> (or a combination of these!).
- 2. Decide the level of teacher you would like to work with: <u>Master Teacher and studio owner Tricia Grey, MM</u> or a highly qualified and trained <u>SLaS Associate Teacher</u>.

*Students of all ages who are highly motivated, pre-professional, or who think they might wish to become professional singers should invest in lessons with **Tricia Grey, MM.** Pre-professional and highly motivated adults and children should work with Master Teacher and studio owner Tricia Grey, MM. To see samples of Tricia's child students, please click on this link: **Your Child Could Sound Like This. To see samples of her professional students click on this link: SUCCESS STORIES**: SLaS Students who are now professionals.

- *Students of all ages who are exploring, taking singing lessons for fun, or who have financial constraints will love lessons with the SLaS Associate Teachers.
- *Students from ages 3-8 will thrive in our **LITTLE STARS** program.
- *Students who also wish to include guitar, piano, songwriting, or studio recording should select the SLaS Associate who offers these options. You can read about each of the SLaS Associate Teachers on the **ASSOCIATE TEACHERS** page of the website at www.singlikeastar.com.
- 3. Go to the **GET STARTED** page. Register for a no-obligation **GETTING TO KNOW YOU** introductory session with the teacher of your choice by clicking on this icon:



Once you register online, a member of our support staff will contact you by phone to set up your lesson time. At the GTKY, your teacher will evaluate your voice, find a spot in their regular weekly schedule, and reserve your first month of sessions if you decide you want to commit to the lessons.

3. Tell me about your instructors?

MASTER TEACHER TRICIA GREY, MM; At Sing Like A Star Studios you will learn the vocal technique of the stars from a music industry expert who has been there- Tricia Grey, MM is a professional singer and voice teacher with an unbeatable combination of music degrees, research in vocal science, and 30+ years of professional performing and teaching.

In fact, Seth Riggs, teacher of Michael Jackson, Stevie Wonder, Ray Charles, and hundreds of other stars (and Tricia Grey's teacher for over 20 years) says "I can not imagine a teacher more eminently qualified than you- you have it all! A great voice, educational degrees, and an amazing ability to teach others what you know- how to mix!"

Tricia Grey, MM sings and teaches in all vocal styles- rock, R & B, gospel, blues, jazz, musical theatre, and country. She is a music industry veteran knows what it takes to succeed in today's competitive music business. A native of Los Angeles where she taught voice and sang professionally for many years before relocating to London, New York and then Atlanta, Tricia was recently the vocal coach for the MTV series *Made*, and for *Before the Fame*.

Tricia's students have been on American Idol, The Voice, X-Factor, and have professional careers on Broadway and as recording artists. Many have successfully auditioned and been accepted at the world's most prestigious University Musical Theatre and Voice programs. You can read about some of these students on the Home page of the website and on the Success Stories page of the website.

Tricia has spent many years researching the science of vocal production and she is an expert in vocal technique and pedagogy. Her life-long study of vocal science has resulted in a synthesized, unique, and powerful approach to vocal training that is unparalleled. The Sing like a Star vocal method incorporates the latest research in vocal science- applied to contemporary singing!

All instruction at Sing Like a Star Studios is based on the principles of the textbook *You can Sing Like a Star!* by Tricia Grey, MM.

At SLaS, we teach a technique known as "mix and balanced registration", which is the most sought after singing method in the music industry today. This is the preferred training used by major popular recording artists in R & B, gospel, country, and rock genres, as well as Broadway and musical theatre singers throughout the world. Teaching "mix" is a highly specialized skill- one that requires many years of intensive training. This concept originated in Los Angeles, with Speech Level Singing and Seth Riggs. As a Level 5 Speech Level Singing instructor, Tricia Grey authored a teacher-training manual used to train teachers throughout the world. She has been teaching mix professionally since the age of 20.

ASSOCIATE TEACHERS

Would you like to learn to Sing Higher, Sing Stronger, and Sing Like a Star- but you can't afford the cost of lessons with Master Teacher Tricia Grey? Now you can learn the same great Sing Like a Star vocal technique for less!

Our Sing Like a Star Associate Teachers have university degrees along with extensive professional singing, teaching, and performing experience. SLaS Associates go through a rigorous training and certification program in order to teach the SLaS method. Teachers are accountable; they must pass yearly testing and maintain their ongoing private study with studio owner Tricia Grey, MM, in order to teach at Sing like a Star Studios.

Why are our Associate Teachers so successful at what they do? The difference is the SLaS vocal method. Many voice lessons are presented with vague, undefined objectives and little feedback, resulting in very little real improvement. These ineffective lessons typically consist of a random "warm-up" followed by a song with little or no specific skill building.

We have a better approach: The Eight Steps of Vocal Development is a logical, goal-driven, objective based approach based on developing sequential skills to produce specific outcomes. You can ask your Associate Teacher at any time about your progress and you will get an informed answer related to the educational objectives of The Eight Steps of Vocal Development. You will know exactly how you are progressing and what the next goal is with the Sing Like a Star method, a method that is based on the educational model of defined and specific objectives and measurable outcomes.

Our goals are to eliminate the break in your voice, make your high notes stronger, and to develop power, flexibility, and musical skills such as vibrato and dynamics. You will learn how to sing in the styles you love- rock, blues, R & B, gospel, country, rock, jazz or musical

theater. And you will get the chance to perform and try out your new vocal skills in our twice-yearly **Sing Like a Star Singers' Showcases!**

By studying with our educated, experienced, and highly trained Associate Teachers you are getting the full benefit of the Sing Like a Star vocal method at a fraction of the cost! Utilizing an Associate Teacher from Sing Like a Star Studios is perfect for beginning students of all ages! **It's never too soon or too late to get started with good vocal habits!**

You can also learn piano, songwriting, music production, studio recording, and guitar from our SLaS Associate Teachers. Many students book hour-long lessons once a week, dividing the time between voice, piano or guitar, and songwriting.

At \$25 per half hour for these highly qualified and experienced teachers who are bringing you a world-class vocal technique, you won't find a better deal than this anywhere!

4. What are the rates?

Rates and classes are found on the **RATES AND CLASSES** page of the website. Lessons are pre-paid monthly by automatic debit; we do not accept cash or checks at the lesson because we want to focus on your voice! Students take one lesson per week, at the same time every week.

RATES FOR MASTER TEACHER TRICIA GREY, MM:

Tricia offers an initial half hour GETTING TO KNOW YOU (GTKY) introductory session for \$40.

MONTHLY RATES, PREPAID ON THE FIRST OF EACH MONTH BY AUTOMATIC DEBIT

Rates are higher for Master Teacher and studio owner Tricia Grey, MM, creator of the SLaS method. Students who are highly motivated or who would like to become professional singers should invest in lessons with Tricia.

30 minutes/ 4 weeks: \$260 45 minutes/ 4 weeks: \$390 60 minutes/ 4 weeks: \$520

SINGLE LESSONS AND EVERY-OTHER-WEEK LESSONS

Consistent weekly lessons are much more effective; however, Tricia occasionally offers the option of booking single lessons or every-other-week lessons to adult students only. Priority in scheduling is given to students who commit to weekly lessons.

30 minutes/ every other week: \$75 per lesson 45 minutes/ every other week: \$112. 50 per lesson 60 minutes/ every other week: \$150 per lesson

RATES FOR SLAS ASSOCIATE TEACHERS:

Rates are lower for the SLaS Associate Teachers, all of whom are trained and certified by studio owner Tricia Grey. Students who are financially challenged, or simply exploring singing for fun should register for lessons with an SLaS Associate Teacher. At \$25 per half hour for these highly skilled, educated and experienced teachers, you won't find a better deal than this anywere! All Sing Like a Star Associates pass rigorous testing and coursework to remain certified to teach at Sing Like a Star; that coursework is based on the latest research in vocal science- the foundation of the SLaS <u>Eight Steps of Development</u> approach.

The SLaS Associate Teachers offer an initial half hour GETTING TO KNOW YOU (GTKY) introductory session for \$25.

MONTHLY RATES, PREPAID ON THE FIRST OF EACH MONTH BY AUTOMATIC DEBIT

30 minutes/ 4 weeks: \$100 45 minutes/ 4 weeks: \$150 60 minutes/ 4 weeks: \$200

Please visit the <u>ASSOCIATE TEACHERS</u> page of the website at <u>www.singlikeastar.com</u> to learn all about our highly qualified and skillful Associate Teachers so you can choose the teacher who is right for you! Each of our teachers has a BIO page. Please visit these pages to acquaint yourself with the options available to you, and the specialties each teacher brings to you.

5. Where are your studios located?

You will find maps to each location on the **CONTACT/LOCATIONS** page of the website.

The EAST COBB studio is located at 1000 Johnson Ferry Road, Crossing Center B-200, Marietta, GA 30068. It's across the street from Dunwoody Baptist Church, between Lower Roswell and Upper Roswell roads. Easy access from Dunwoody, Sandy Springs, Atlanta, East Cobb, Roswell.

The ALPHARETTA studio is located at 365 Brady Place, Alpharetta, GA 30009, at Main street, across from MacDonald's. Easy access from Alpharetta, Johns Creek, Duluth, Roswell, Milton.

Students can also take lessons online or by speakerphone.

6. I don't want to drive, or am time-challenged- can I take online distance lessons?

You can read all about our online lessons on the **ONLINE LESSONS** page of the website. Many students from all over the world are discovering the fun and convenience of online voice lessons. Even our local Atlanta students often utilize this option in combination with in-person lessons to save driving time or when traveling. By utilizing an online vocal coach you will be able to take professional voice lessons from the comfort of your own home, from your hotel when traveling, or from anywhere in the world!

At Sing Like a Star we use Webex for distance training. You, the client, don't have to join anything or purchase anything to take online lessons through your computer- you will simply receive an email from Cisco Webex Meetings containing a "meeting number". You click on the link in the email, enter the number, and "join the meeting" (or voice lesson in our case).

You can take a lesson with Webex using your smart phone (i-phone, Blackberry, Android), your computer, your i-pad, or i-pod touch.

In today's fast-paced and over-scheduled world, you don't ever have to miss a voice lesson with the convenience of Webex!

7. Tell me more about your lessons for children?

You can read all about our children's lessons and view videos of our SLaS kids singing on the **LESSONS FOR CHILDREN** page of the website at <u>www.singlikeastar.com</u>

Get your child started the right way, with the best vocal technique available! Kids are going to be singing anyway, so it makes sense to start them off right, with healthy, fun, and correct vocal development at Sing Like a Star Studios! Start now and avoid a lifetime of bad vocal habits!

At SLaS we give your child the healthiest and most effective vocal training available- and we make it fun. Each child is different- some kids are ready for more intense training and development and others are simply exploring music for fun and enrichment. We offer piano or guitar lessons as part of the package- learning an instrument along with singing creates a more well-rounded musical education.

If your child is studying with an SLaS Associate Teacher, your Associate Teacher will be working closely with studio owner Tricia Grey, MM on an ongoing basis to make sure your child's vocal needs are met. All curriculum is taught from the textbook **YOU Can Sing Like a Star!** by Tricia Grey, MM and is based on <u>The Eight Steps of Vocal Development</u>- a healthy, sequential skill-building course based on specific objectives and measurable outcomes. You can ask your teacher at any time about your child's progress and you will get a specific answer related to the educational objectives of the steps.

Our program is not like the typical voice lesson, which consists of singing a couple of random "warm-up" exercises and then singing a song several times with no plan for addressing vocal issues. That approach is not going to do much for your child's vocal development. You might have noticed this already if your child has been involved in those kinds of lessons in the past and not made much progress.

Our program meets the child where they are, and, while making singing fun, is designed to specifically develop the voice in a healthy yet effective way by progressing through <u>The Eight Steps of Vocal Development</u>.

We don't just vocalize in lessons-we sing songs too! We try to balance having fun and singing songs with a clear vision of vocal improvement for your child. The balance of fun and work in each lesson varies with the age of the child and their personality.

If your child wants to explore singing or playing an instrument for fun, our Associate Teachers love teaching **singing**, **piano**, **and guitar lessons for children!**

LITTLE STARS PROGRAM: CHILDREN 3-8 YEARS

For our younger students (ages 3-8) we combine having fun with education, teaching them all kinds of musical skills as well as singing. Rhythm instruments, percussion, clapping, moving, and singing fun songs are all part of the fun experience for the little ones! Associate Teacher Elaine Drennon Little, MFA, MEd has a real love for bringing music education to younger children. She designs the curriculum for the younger students, which intermingles a basic exposure the to Sing Like a Star technique with other musical skills and fun!

PRE-PROFESSIONAL CHILDREN

*If your child is pre-professional or wants to become a professional singer they should study with studio owner and Master Teacher Tricia Grey, MM.

Studio owner Tricia Grey, MM works with pre-professional, or highly motivated children. She has had great success with her kids; several directors of local theatre companies comment often that her students are always recognizable in auditions as being the strongest contenders. Many SLaS children gone on to professional careers and Broadway as a result of their study with us.

8. Do you teach professionals?

Absolutely. Professional singers need an effective method of voice training that allows them to retain their unique vocal quality, while creating better vocal health. **We specialize in keeping the professional singer's voice healthy and strong without changing your unique sound and style!**

Sing Like A Star Studios, LLC, trains singers in every musical category. Rock, pop, country, jazz, R & B, gospel, and musical theatre singers develop the vocal skills at SLaS that allow them to shine in their chosen musical style. We get results. And we get them quickly.

This is world-class training for contemporary and popular styles of singing. With this transformational training, changes happen quickly. We build the right muscles and create good habits. Your voice begins to function effortlessly; songs, riffs and runs that used to be impossible for you to sing become easier and easier with the SLaS method!

Sing Like A Star singers deliver **effortless power**, **amazing vocal control**, **great highnotes**, **authentic vocal styling**, **and incredible consistency**- no wonder SLaS trained singers are at the forefront of today's music industry. SLaS vocal lessons will help you to sing stronger, higher, and sing with total confidence- in any vocal style!

We have worked with many students that did not have great voices when they started; however they did possess drive, discipline, and work ethic. As a result of our work together, they have great voices now- and professional careers.

SUCCESS STORIES

Our students have been on The Voice, American Idol, X-Factor, and have gone on to careers on Broadway and as professional recording artists. Please visit the **SUCCESS STORIES** page on the website to read about and see videos of SLaS students who now have professional careers because of their study with us.

9. Do you provide performance opportunities?

On the **SHOWCASES** page of the website you can see photos and videos of past showcase performances.

In addition to world-class singing lessons and vocal instruction we offer performance opportunities at SLaS. You will learn to be a great performer- a very important skill! You will have the opportunity to perform in the Sing Like a Star Singers' Showcases, held every spring and fall at a professional theater. Our Sing Like a Star Singers' Showcases are held in a beautiful state-of-the-art professional theater, and enable students to combine their new vocal technique with performance skills. Singers need a goal and a chance to test new performance and vocal technique skills; the more you perform the better performer you become. Our Sing Like a Star Singers' Showcases are just the place for singers of all experience levels from beginner to professional to evolve and grow!

These fun and inspiring shows give our singers the chance to put their new skills to work in a professional environment- complete with lights, sound, and professional video recording. We have a professional photographer at every show taking live photos that you can use for promotional purposes, and a professional videographer who creates DVDs of your performance. You will review those DVDs after every show to see what went well- and what might be improved next time!

We work on performance skills as well as vocal skills in your private lessons to prepare for the live shows. Let us show you how to take your performing and singing skills to the next level! Learn to be a professional performer at Sing Like a Star Studios!

10. Why is SLaS the best studio for me?

You can read all about <u>THE SLAS METHOD</u> and <u>HOW YOUR VOICE WORKS</u> on the website at <u>www.singlikeastar.com</u>

Quick results, a proven, science-based method, and our commitment to helping you sing the styles you love to sing! Find out why the Sing Like a Star method is the best vocal method on the market today. At Sing Like A Star Studios you will learn to sing stronger, sing higher, and sing with complete confidence, in all styles including gospel, blues, rock, pop, jazz, musical theatre, country and R & B. You will develop amazing high notes, great power and control, and the ability to sing licks, runs and vocal riffs, just like your favorite artist. You will develop your own unique style too! You will learn to create your own riffs and runs.

Your voice will be healthy, strong, and beautiful, and free from vocal strain. You will be able to sing with power and flexibility from your lowest notes to your highest notes, with a range of at least three octaves. You will eliminate voice breaks by learning how to transition through the *passaggio*, the "bridge" between the lower register and upper register.

You will learn to sing with soul, emotion, and flexibility. You will learn to sing in any style you prefer, including gospel, blues, rock, pop, jazz, musical theatre, country and R & B. We tailor your instruction to make you the best singer possible in the music styles you love! And, best of all, your voice will remain healthy for a lifetime of singing- if you continue to practice the principles of good vocal production that you will learn at Sing Like a Star studios.

This is world-class training for contemporary and popular styles of singing, based on scientific research. We train the muscles that need to be coordinated and efficient in singing (called intrinsic muscles), and we teach you to stop engaging the muscles that get in your way, known as extrinsic interfering muscles. We build brand new neuromuscular responses that, with practice, become life-long good habits. Over time your voice begins to function effortlessly; things that used to be hard for you to sing become easier and easier with this process.

At Sing Like a Star Studios you will become a confident singer because you know your voice will work correctly- every time! You will learn to be the artist you always dreamed you could be.

At Sing Like a Star you will see immediate changes in your voice and you will know exactly why you are doing each exercise. Because you are on a specifically designed path of development- The Eight Steps of Vocal Development- you will know exactly how far you have come, and what lies ahead. Your vocal development is based on specific objectives and definable outcomes. It is not just random and inefficient "warming up", but a sequential and planned program of skill building that is designed to develop specific muscles in a specific order for a specific result.

As you progress through <u>The Eight Steps of Vocal Development</u> you are building efficient muscular coordination, eliminating your old bad habits and replacing them with good ones. Anything you want to achieve with your voice can be done- one step at a time! With this method you will soon be able to sing like you never dreamed you could sing! You will suddenly find your voice doing things you never thought it could do- things that formerly seemed impossible are now easy for you because you have trained the vocal muscles to function efficiently.

AND we teach you how to sing with style- how to sing great riffs and runs- and the scales those riffs and runs come from, so you can learn to create your own improvisations rather than copying another artist's licks.

While we don't believe in time-bound objectives in singing, we do believe in having a plan and knowing where you eventually want to be. Some voices will respond more quickly to instruction and others respond more gradually, but everyone eventually learns all the singing skills in <a href="https://doi.org/10.2016/jna.

The Eight Steps are:

- 1. Breath Management- the foundation of good singing.
- 2. Activating and Developing the lower register, or chest voice.
- 3. Activating and Developing the upper register, or head voice.
- 4. Isolators- going back and forth between the registers, isolating the muscle groups (TA and CT).
- 5. Connecting the registers, learning how to sing in mix.
- 6. Singing with vibrato and staccato for better balance.
- 7. Advanced Skills: Dynamics, (singing loud, medium, and soft), Increasing Power, etc.
- 8. Style: Riffs and Runs, using the pentatonic and blues scales.

The Eight Steps of Vocal Development program at SLaS will improve every area of your voice with an organized, sequential skill-building program. When you have worked through all eight steps you will have a totally new voice!

11. In addition to vocal lessons, what other classes are available?

<u>PIANO AND GUITAR</u> lessons are an important adjunct to voice lessons. Many of our students book hour-long sessions weekly, dividing the time between voice and an instrument.

Any singer who is serious about making it in the music industry needs to learn **SONGWRITING.** A great voice, a great look and a great song are the three necessities for being competitive in today's music world.

We also offer **STUDIO RECORDING** so you can record your next hit song, right at the studio!

12. Do you offer lessons at reduced rates?

Rates are lower for the SLaS Associate Teachers, all of whom are trained and certified by studio owner Tricia Grey. Students who are financially challenged, or simply exploring singing for fun should register for lessons with an SLaS Associate Teacher. At \$25 per half hour for these highly skilled, educated and experienced teachers, you won't find a better deal than this anywhere!

13. Do you require practice?

We require 20-30 minutes practice daily. You will practice by singing along with your recorded lesson. *Singing songs is not practicing*. Like athletes, singers must exercise the vocal muscles daily and correctly to see growth and development. We give you the tools- a planned program of skill building through specific exercises (NOT just a "warm-up")- but you have to put in the work by practicing the exercises daily to see the results. It's a partnership!

The SLaS technique is the best vocal training you will find. It will work the fastest, and will give you the range, power, and artistry that you want- but only if you do your part! Your part is a commitment to daily practice (or as close as you can come to daily) and consistent weekly voice lessons. If you commit a year to this process (which really is not that long) you will see amazing results. You will actually see amazing results within the first six months if you really work at it.

For good results you need to:

- 1) Be consistent and daily about your practice routine.
- 2) Become a dedicated learner who schedules practice time as a priority.
- 3) <u>Be accountable- learn to follow through</u>. Keep your commitment to yourself, your future, and your talent.

Daily practice with focused repetition results in change and improvement. The practicing habit might be a bit of a struggle in the beginning. To create a habit you have to repeat an action with focused attention many, many times, creating a neuropathway in the brain, a kind of groove that means you don't have to think about the action any more. Once that happens, singing is easy.

Mindlessly "warming up" does nothing to create new habits. Vocalizing along with your most current lesson with focused attention will create new habits. Which means that, someday, you won't have to think about it- because by then it is second nature! You have, through many repetitions, created a new neuropathway in your brain. Habit is partially due to a physical substance, called myelin, which is built up with focused repetition. The more you reinforce a good habit the stronger it gets. That's the problem with skipping practice days- you weaken the connection.

You should know that:

1. **Music lessons** *of any kind* **require daily practice**. You are going to have to eliminate some activities to make time for this. Establish priorities. Please don't over-schedule

yourself with every activity available, leaving no time for practice, then get frustrated when you aren't making the progress you should, and quit. Any new habit takes consistency, repetition, and reinforcement- practicing is no exception! And you have to leave time in your schedule for that to happen.

2. **Magical thinking will not improve your singing!** In many people's minds singing lessons are all about singing songs. They indulge in magical thinking- that singing like a superstar is magically going to happen because they are taking voice lessons, and that if they could only get on a talent show like The Voice they would surely be discovered and become famous. No work involved.

Unfortunately, while that might be an enjoyable idea, the reality is that NO ONE who is a successful singer got there without being really disciplined and having an exceptional work ethic. It's like being an athlete! It takes that kind of commitment. If the goal is to improve, you need a daily practice routine, preferably at the same time each day, of a minimum of 20-30 minutes per day, on the exercises we give you, not singing songs. That is why we record the lessons.

In the magical thinker's mind, voice lessons are just singing songs. Beyonce never had to work at it and Celine Dion just gets up on stage being awesome with no practice or hard work at all. In the magical thinker's mind just taking a lesson once a week will make them great.

The reality is: You have to work specific muscles in a specific way consistently and daily to see results. Skills are developed sequentially.

In vocal technique for singers of all ages we are developing muscles, efficiency and coordination, one skill at a time. That is the premise of The Eight Steps of Vocal Development. If the correct muscles are not exercised daily with the correct exercises (by singing along with the recorded lesson) you will not see improvement. You have to do the work to see the results.

HOW TO PRACTICE: Stand in front of a mirror and watch yourself, focusing on posture, correct breathing, jaw position. Play the most recent lesson from beginning to end and sing along with the lesson. Make sure your recording is plugged into a boom-box or stereo or other speakers. Turn it up! Do not try to play the scales on the piano or guitar, or remember what we did and try it on your own. Every exercise is designed specifically for you, to address the vocal issue that we hear in your voice currently. You will progress more quickly if you sing the exercises in the order given, along with the recording.

Singing songs is not practicing, vocalizing with the scales in your lesson is practicing!

If you are truly time-challenged transfer the lesson to a CD, ipod, iphone, etc. Practice in the shower, or in the car. Not ideal, and not very focused, but way better than skipping practice altogether!

A good way to encourage a habit is to start small- even 10 minutes a day will result in change and improvement. The key to creating good habits is daily consistency, preferably at the same time every day. Then start increasing the time by 5 minutes.

So-called "talent" actually means very little. How hard you work at something, and how many times you repeat a skill with focused attention, determine your success- or failure.

Three books to read about this are Talent is Overrated, The Talent Code, and Outliers.

FOR PARENTS ONLY:

The only requirement for us to work with your child is the willingness and ability of the child to practice the recorded lessons for 20-30 minutes each day, if the child is older than 8 years. And the willingness and ability of the parent to be proactive in scheduling and requiring regular daily practice.

Parents will have to be committed to being pro-active in scheduling and monitoring practice sessions (often all the way through high school). Even if a child loves singing, most children are not developmentally ready to be disciplined about daily practice of the exercises, which is the only way real change and improvement occurs.

It is simply not true that if a child really wants to sing they will discipline themselves to practice. Children are not developmentally capable of sustaining ongoing and consistent self-discipline, no matter how much they like to sing. You must be an active partner in this process! It's a tragedy to us to have a parent come to us and say "I am taking my child out of lessons because they don't practice". Parents, that is up to YOU to require and instill in your child, like any other good habit.

If you want your child to be successful at music of any kind, room must be left in the schedule for daily practice. That probably means omitting something else. But, if you create good practice habits young, they will be sustained for life. To ensure success, make practicing the first thing your child does when they walk through the door after school.

The biggest mistake I see parents making is over-scheduling their child. They rush madly from one activity to the next, with no time left for practicing at home. Please don't over-schedule your child with every activity available, leaving no time for practice, and then get frustrated when they don't practice, feel like you are wasting your money, and quit. Instead, create a schedule that allows time for daily practice, and applaud them when they do it! Any new habit takes consistency, repetition, and reinforcement- practicing is no exception! And you have to leave time in the schedule for that to happen consistently.

Developing the practicing habit is a little like eating vegetables instead of MacDonald's- your child may not love it-at first-but to see change and improvement they will have to get into the habit of doing it. When your child begins to see the payoff of practice- a stronger voice, better high notes, and the ability to sing like their favorite artist, the practice habit gets a whole lot easier!

The best way to teach your child anything is to model the good behavior. They will imitate what you do, not what you say. So, if you have ever wanted to take voice lessons, this is a great time to do it! It's something that you and your child will really bond over and enjoy doing together. We have quite a few parent/child students.

A good way to encourage this is to start small- even 10 minutes a day will result in change and improvement. The key to creating good habits is daily consistency, preferably at the same time every day.

Here is our most frequently asked question:

What Can I Do to Reach My Goals Faster?

Each person's progress is individual, based on how much you practice and how focused your practice is. If you are focused and attentive to the goal of each lesson, and you practice daily, you will improve quickly. If you practice when you get around to it, and you are not standing in front of a mirror, focusing on your objective for the lesson, your progress will be poor. Your teacher and you are in a partnership- your teacher will give you some amazing tools and solutions- but you have to consistently use them. In this partnership what you put in is what you will get out of it!

With this technique, change and progress will happen quickly for you if you do your part- at least 20-30 minutes per day of practice. <u>Consistency</u> is the key to success in vocal training. A weekly lesson and daily practice will guarantee the results you want.

The biggest hurdle for most busy people is time. You need to find 20-30 minutes a day to work at this, and that means doing the exercises, not just singing songs. Practicing for 20-30 minutes practice daily with focused attention is the only way

real change and improvement occurs. We will give you the tools- but you have to put in the work to see the results. It's a partnership!

The SLaS technique is based on sequentially developing certain muscles and skills. One skill set leads to the next in a planned and guided program of vocal development. In order to move from one step to the next you have to accomplish the skill improvements given to you in that week's lesson. Which means you have to work on it every day. Otherwise you will come in week after week and be doing exactly the same thing. It's up to you! Move ahead quickly or very slowly!

The second most frequently asked question we are asked is "How Long Will It Take?"

The answer to that question is that everyone is unique and moves ahead at different speeds, but in general, if you are diligent about practicing the exercises every day (or as close to that as possible) with focused attention and having a lesson at least once per week, you can expect to be singing well within 6 months, and you will have a totally different voice, with great high notes and power, in a year's time.

A year of dedication is not much to ask, when you think about how long it takes to become a pianist or violinist! (At least 10-15 years of daily practice of 2 hours or more). Invest a year in your voice and you will be amazed at the changes.

We have a sign in the studio that says "There are no shortcuts to any place worth going", attributed to Beverly Sills, America's most popular and successful opera singer for many decades. Believe it. Do the work, and you will see the results.

Becoming a vocal artist and living your dream is totally possible with the combination of a great vocal technique-and the best technique is right here at Sing Like a Star-plus your commitment to consistent lessons and practice!

To understand why consistent weekly lessons and focused, mindful, daily practice are so important:

The Myth of Talent

The Talent Show Syndrome

Practice That Pays Off

Become a Successful Singer by Establishing Priorities

14. To Learn More:

To see what lessons are like: Visit the <u>VIDEOS</u> page. These videos will help you to get a sense of what lessons at Sing Like a Star Studios are like.

To see videos of our successful alumni: Visit the <u>SUCCESS STORIES</u> page for videos of SLaS students who are now working professionals. Visit the <u>SLaS KIDS</u>: Your Child Could Sound Like This! page for videos of some of our inspiring kids.

To understand how your voice works: Visit the <u>The SLaS METHOD- What You Will Learn, VOCAL TIPS</u>, and <u>HOW YOUR VOICE WORKS</u> pages for information about the SLaS vocal method and the science of vocal production.

For free mini voice lessons: Visit and subscribe to youtube/triciagrey for free mini- lessons.

For free vocal tips: Subscribe to the <u>Vocal Tips blogs</u>. Tricia Grey, MM, writes informative blogs about singing, the science of the voice, and everything you need to know to succeed in the music business.

To stay connected: Stay connected with us on our <u>SLaS Facebook page</u>.

For all questions: Visit the <u>FAQ</u> page for the answer to any question you have about lessons at Sing Like a Star.

We bring you a unique and unparalleled combination:

- 1. Over 30 years in the music business working with many of the top names in the music industry.
- 2. The technique of the stars used to develop the powerful, yet natural quality known as "MIX". Mix allows you to sing very high notes without straining, in a

powerful yet free voice. Mix is the contemporary sound most sought after in pop music and in musical theatre.

- 3. Songwriting instruction.
- 4. Performance opportunities.
- 5. Connections with the music business.
- 6. Convenience- you can take lessons using the internet or speakerphone to save driving time.
- 7. Quick results- you will see immediate changes in your voice and you will reach your goals quickly!

At Sing Like a Star studios you will learn to sing stronger, higher, and with complete confidence, in all styles including gospel, blues, rock, pop, jazz, musical theater, classical, country- with amazing high notes, great power and control, and a healthy vocal technique that will last a lifetime!

Our promise to you: If you practice the recorded lessons every day you will develop a healthy, strong, and powerful voice. You will eliminate vocal strain. You will be able to sing with power whether you are singing low or high. We develop a contemporary and natural vocal sound that the music industry is looking for theatre, R & B, rock, or country. Your range will extend dramatically. You will learn to sing with soul, emotion, and flexibility. Your voice will remain healthy for a lifetime of singing if you continue to practice the principles of good vocal production we will be teaching you at Sing Like a Star Studios!

LINKS TO REVIEW BEFORE BOOKING

HOW YOUR VOICE WORKS: Fascinating explanations about the science of vocal production by Tricia Grey, MM.

RATES: Pricing and rates for all classes and teachers is found on this page.

<u>EAST COBB/ALPHARETTA STUDIO LOCATIONS</u>: Directions to both our conveniently located studios.

ONLINE LESSONS: If you don't live in the Atlanta area, or are simply too busy to drive, online lessons are a lifesaver!

MASTER TEACHER TRICIA GREY, MM: SLaS studio founder Tricia Grey, MM is a music industry veteran who knows what it takes to succeed!

<u>LESSONS FOR LESS: SLAS ASSOCIATE TEACHERS</u>: Learn the SLaS vocal technique for far less with our highly qualified and certified SLaS Associate Teachers!

SUCCESS STORIES: SLaS Students who are now professionals.

<u>ADULT STUDENTS</u>: We work with students of all ages and experience levels, from professional to beginner. Even if singing is just on your "bucket list" there is a place for you at Sing Like a Star!

<u>LESSONS FOR CHILDREN</u>: We take children of all ages from 3+ at all skill levels. It's never too early to start learning to sing the correct way! Pre-professional and highly motivated children should study with studio owner Tricia Grey, MM. Children from 3-8 should study with KidStars director Elaine Drennon Little, MFA, MEd.

<u>SLaS KIDS: Your Child Could Sound Like This!</u> Visit this page to see videos of just a few of our successful and inspiring SLaS kids!

<u>LITTLE STARS Ages 3-8</u>: Little Stars is a fun-filled way to expose your child to correct singing while having fun! This class is taught by Elaine Drennon Little, MFA, MEd, a 28- year veteran of the Atlanta public school system.

<u>SONGWRITING:</u> We will teach you a quick and easy approach to songwriting that will have you creating your own songs in no time-even if you do not currently play an instrument.

PIANO AND GUITAR: Many students add piano and guitar lessons to their weekly voice lessons with us.

<u>STUDIO RECORDING</u>: We can help you record a demo, or your latest hit song!

THE SLaS METHOD: Read this page to find out why the SLaS method is so effective.

Information and FAQ: Download this document for the answer to all your questions about study at SLaS.

SHOWCASES: Learn to be a professional performer in our Sing Like a Star Showcases!

SLaS STORE: Purchase our highly effective Breathing Belt, SLaS T-shirts, and more!

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The Talent Show Syndrome

Practice That Pays Off

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We look forward to helping you Sing Stronger.....Sing Higher....and Sing like a Star!