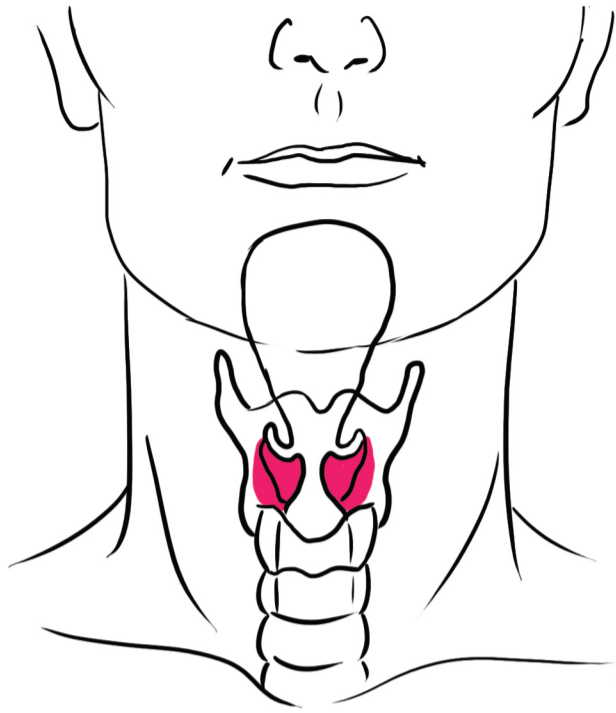
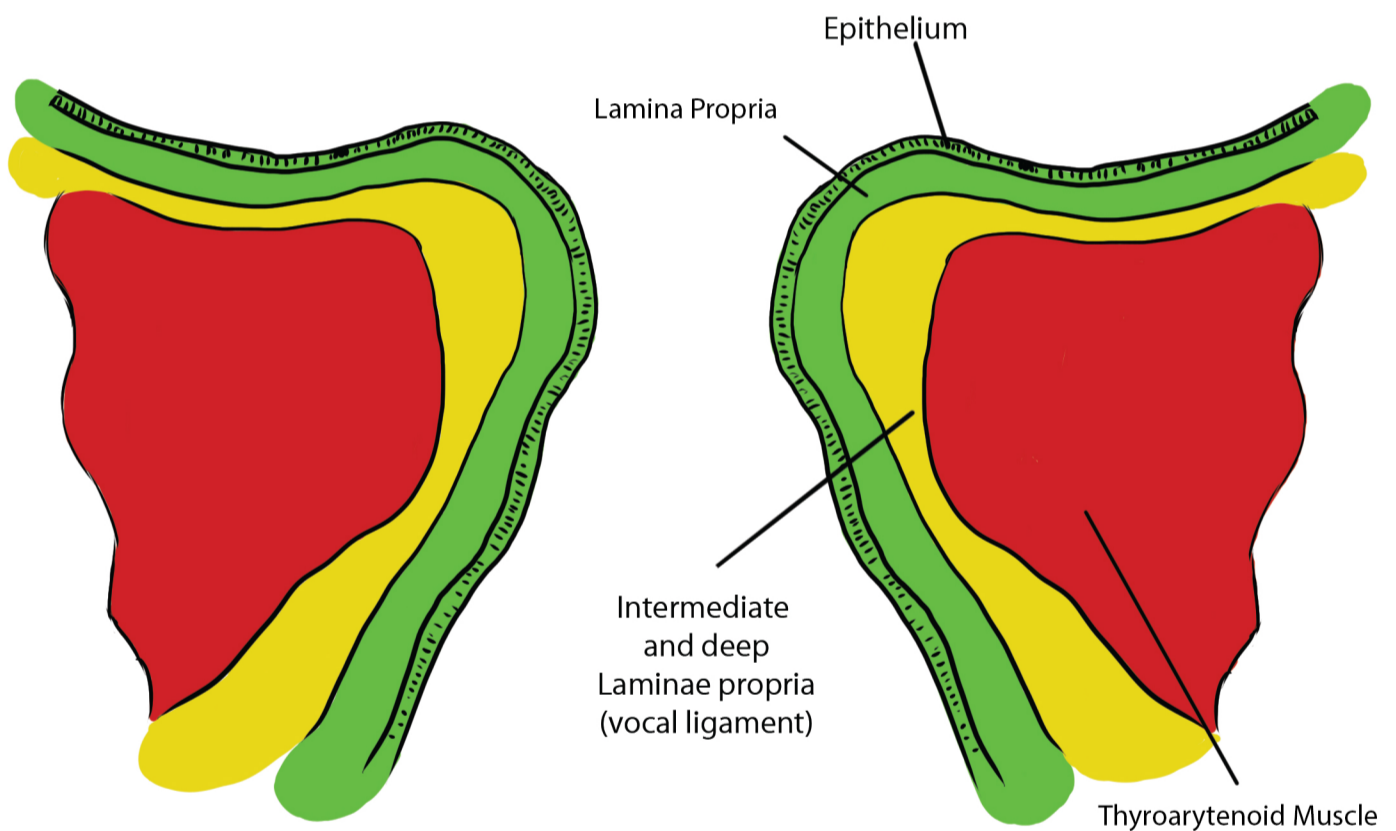


# The Vocal Folds



## Cross Section of Vocal Folds



The epithelium is the skin-like protective layer of the vocal folds. The three layers of lamina propria, along with the epithelium, comprise the mucosa of the vocal folds. The thyroarytenoid (TA) is a muscle; it contracts to shorten and thicken the folds for lower pitches and speech. All these layers combine to create vibration during phonation. If the body is not well hydrated, cells of the epithelium are lost to abrasion during the closed phase of vocal fold vibration. Drink lots of water!

For more information about the voice, visit our blog at [www.singlikeastar.com](http://www.singlikeastar.com)

