

Tools For Training Voices

**ALWAYS
ASK**

1. "Is what I'm hearing too heavy or too light?"
2. "Does it need more vocal fold adduction or less adduction?"
3. "More hold or more release?"

The objective is to get into the mix by using tools that counteract incorrect tendencies. Gradually move from "friendly" vowels, consonants and sounds toward those that are more challenging, always aiming for balanced registration and mix.

Release Less vocal fold adduction			MIX					Hold More vocal fold adduction											
Closed Vowels								Open Vowels											
0	1	2	3	4	5	6	7	8	9	10									
You [u]	See [i]	Syr [y]	Win [ɪ]	Yen [ɛ]	Vin (fr) [ɛ̃]	Yearn [ɜ̃]	Nook [ʊ]	May [e]	Boy [oi]	Fleur (fr) [œ]	Bode [o]	Fun [ʌ]	Die [ai]	About [aʊ]	Golf [ɔ]	Father [ɑ]	AH [a]	Enfant [ɑ̃]	Bat [æ]
H HW [ʃ] S [θ] F	Why She Thin		W Y		(3) V [ð]	Azure	NY NG	N M		P K CH T					Judge				D B G
Aspirated consonants (Encourage airflow)			Glide consonants		Consonants that function as semi-occluded (Moderate airflow)			Liquid consonants		Plosive consonants			Voiced Stop Consonants (Interrupt airflow)						
Aspirated onset			Lip trill/Tongue trill		Liquid Consonants and consonants that function as semi-occluded					Triple resistor		Adducted onset							
Closed vowels												5- tone in lower register							
Aspirated consonants			Glide consonants		French nazals					Closed lips over tongue trill		Voce di Strega "witchy"							
Pitches above first bridge					MM, Creak, creaky door							Tongue out							
Imposed larynx temporary sounds			Straw phonation		Long scale 1.5							cry							
Bend over			Vibrato		Sirens and slides							Slower Tempo							
Faster tempo					Staccato														

Original concept by Dean Kaelin. Used by permission.



Sing Stronger. Sing Higher.
Sing Like a Star.