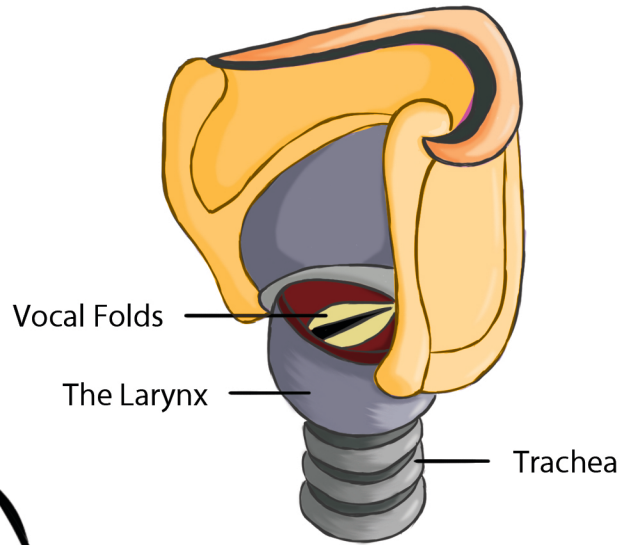
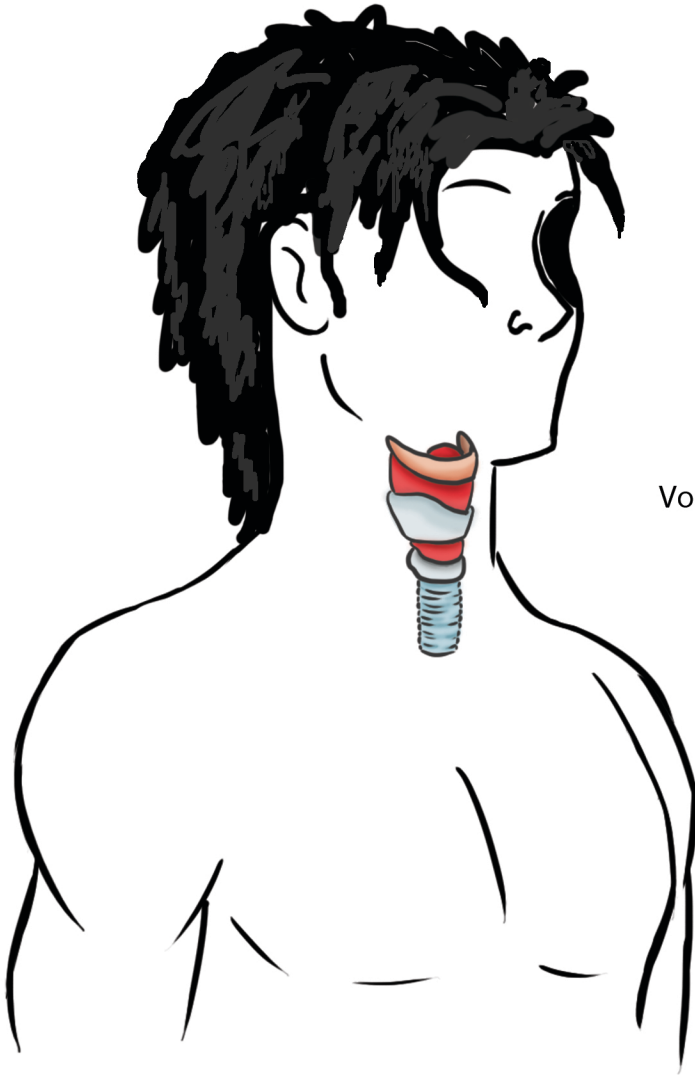
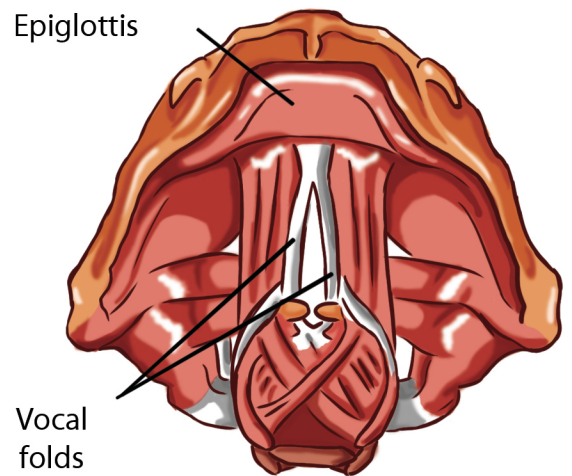


# THE VOCAL FOLDS AND LARYNX



Larynx



Superior (top) view

The larynx (also known as the Adams Apple) is the protective cartilage that houses the vocal folds. The protruding ridge that you can feel in your throat is sharper in men (90 degree angle) than in women (120 degree angle). Men's vocal folds are larger than women's- male vocal folds are between 1.75 cm and 2.5 cm (approx 0.75" to 1.0") in length. Female vocal folds are between 1.25 cm and 1.75 cm (approx 0.5" to 0.75"). At birth, the length of the vocal folds is around 2 mm. The vocal folds open and close rapidly during phonation, allowing puffs of air to escape during the open phase of the cycle.

For more information about how your voice works please visit [www.singlikeastar.com](http://www.singlikeastar.com)