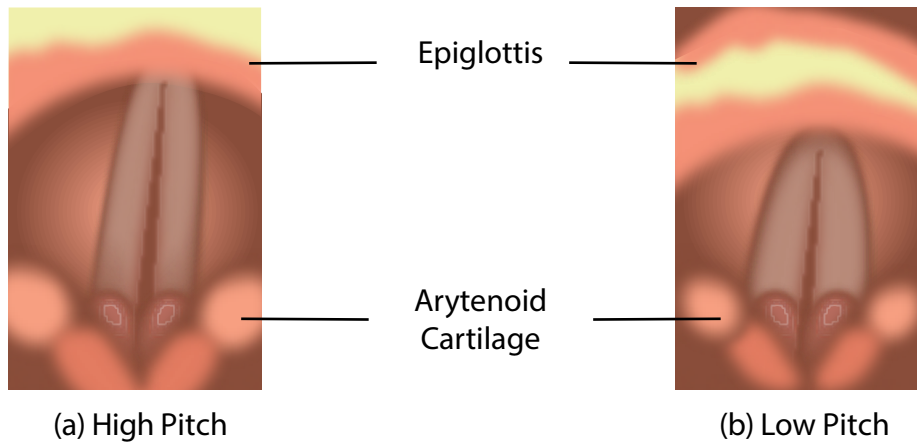


THE VOCAL FOLDS on HIGH vs LOW PITCH

FRONT OF LARYNX



BACK OF LARYNX

When singing a high note, the singer's vocal folds elongate due to the tilting action of the thyroid cartilage as a result of CT (cricothyroid) muscle contraction. When we sing lower pitches, the vocal folds shorten due to the contraction of the intrinsic TA muscle. When singers strain for high notes, they are trying to hit the high note with the TA dominant vocal fold position (b) instead of allowing the folds to lengthen and thin, as in (a).

For more information about the singing voice please visit www.singlikeastar.com



Sing Stronger. Sing Higher.
Sing Like a Star.